



Standard Approach to Field Emergencies – Rugby

2016- 2017

LEVEL 1 Course

08.40	Faculty meeting / Registration	All faculty
08.50	Introduction	

09.00 -10.30	Heartsaver AED BLS (Practice and sign off)	All faculty
--------------	--	-------------

10.30	Coffee	
-------	--------	--

10.45	Lecture: Concussion	
11.30	Lecture: Initial approach to the injured player	
11.45	Demonstration: Initial assessment	All faculty

Skill stations 3 x 30 minutes

Session / Instructors	Primary survey	Spinal management	Fractures / Joint Injury
12.00 – 12.30	Group 1	Group 2	Group 3
12.30 – 13.00	Group 3	Group 1	Group 2
13.00 – 13.30	Group 2	Group 3	Group 1

13.30 – 14.00	Lunch	
---------------	-------	--

14.00	Lecture: Common Medical Emergencies in Sports	
14.20	Lecture: Strains, Sprains, Lumps & Bumps	

Rapid Practice Scenarios (3 x 25 minutes)

Session / Instructor	RPS 1	RPS 2	RPS 3
14.45 – 15.10	Group 1	Group 2	Group 3
15.10 – 15.35	Group 3	Group 1	Group 2
15.35 – 16.00	Group 2	Group 3	Group 1

16.00	Questions, Close and certificates	All faculty
-------	-----------------------------------	-------------